

## Fabric requirements

### MONTH # 1

- ◆ 6 pieces of dark colour each 6" x 8" log cabin
- ◆ 8 pieces of light colour each 8" x 10" log cabin
- ◆ 1 piece of red 8" x 10" log cabin
- ◆ 4 pieces of dark colour each 10" square
- ◆ 4 pieces of light colour each 10" square

### MONTH # 2

The fabrics below will be the background for the entire quilt center.

- ◆ 20 different dark fabrics 5" each 2¼ yds or 2.50 m. in total.
- ◆ 12 different light fabrics 12" each 4 yds or 3.65 m. in total.

### MONTH # 5

- ◆ (A) Light (background) 7" x 20"
- ◆ (B) Light Medium 3" x 20"
- ◆ (C) Dark Medium 3" x 20"
- ◆ (D) Dark Medium 3" x 20"
- ◆ (E) Dark 4" x 20"

### MONTH # 7

- ◆ (A) Light (background) 6" x 20"
- ◆ (B) Medium light (pink) 3" x 20"
- ◆ (C) Medium (blue) 3" x 20"
- ◆ (D) Dark (pink) 3" x 20"
- ◆ (E) Dark (blue) 3" x 20"
- ◆ (F) Medium (gold) 7" x 10"

### MONTH # 9

- ◆ (A) Light (background) 6" x 20"
- ◆ (B) Medium (yellow) 7" x 20"
- ◆ (C) Dark (purple) 7" x 20"

### MONTH # 11

- ◆ (A) Light (background) 10" x 12"
- ◆ (B) Medium (gold) 3" x 12"
- ◆ (C) Dark (purple) 4" x 20"
- ◆ (D) Dark (green) 4" x 20"

### MONTH # 3

- ◆ (A) Light (background) 10" x WOF
- ◆ (B) Dark 6" x WOF
- ◆ (C) Dark Medium 6" x WOF
- ◆ (D) Light Medium 5" x 10"

### MONTH # 4

- ◆ (A) Light (background) 5" x WOF
- ◆ (B) Dark 5" x 20"
- ◆ (C) Light Medium 5" x 20"

### MONTH # 6

- ◆ (A) Light (background) 10" x 22"
- ◆ (B) Medium light (yellow) 4" x 4"
- ◆ (C) Medium (green) 3" x 5"
- ◆ (D) Medium (pink) 3" x 6"
- ◆ (E) Dark (green) 5" x 20"
- ◆ (F) Medium (gold) 3" x 20"
- ◆ (G) Dark (purple) 4" x 20"

### MONTH # 8

- ◆ (A) Light (background) 8" x 20"
- ◆ (B) Dark 5" x 14"
- ◆ (C) Dark 5" x 14"
- ◆ (D) Dark 5" x 14"
- ◆ (E) Dark 5" x 14"

### MONTH # 10

- ◆ (A) Light (background) 10" x 16"
- ◆ (B) Medium (gold) 6" x 20"
- ◆ (C) Dark (blue) 6" x 20"
- ◆ (D) Dark (brown) 6" x 10"
- ◆ (E) Dark (purple) 4" x 4"

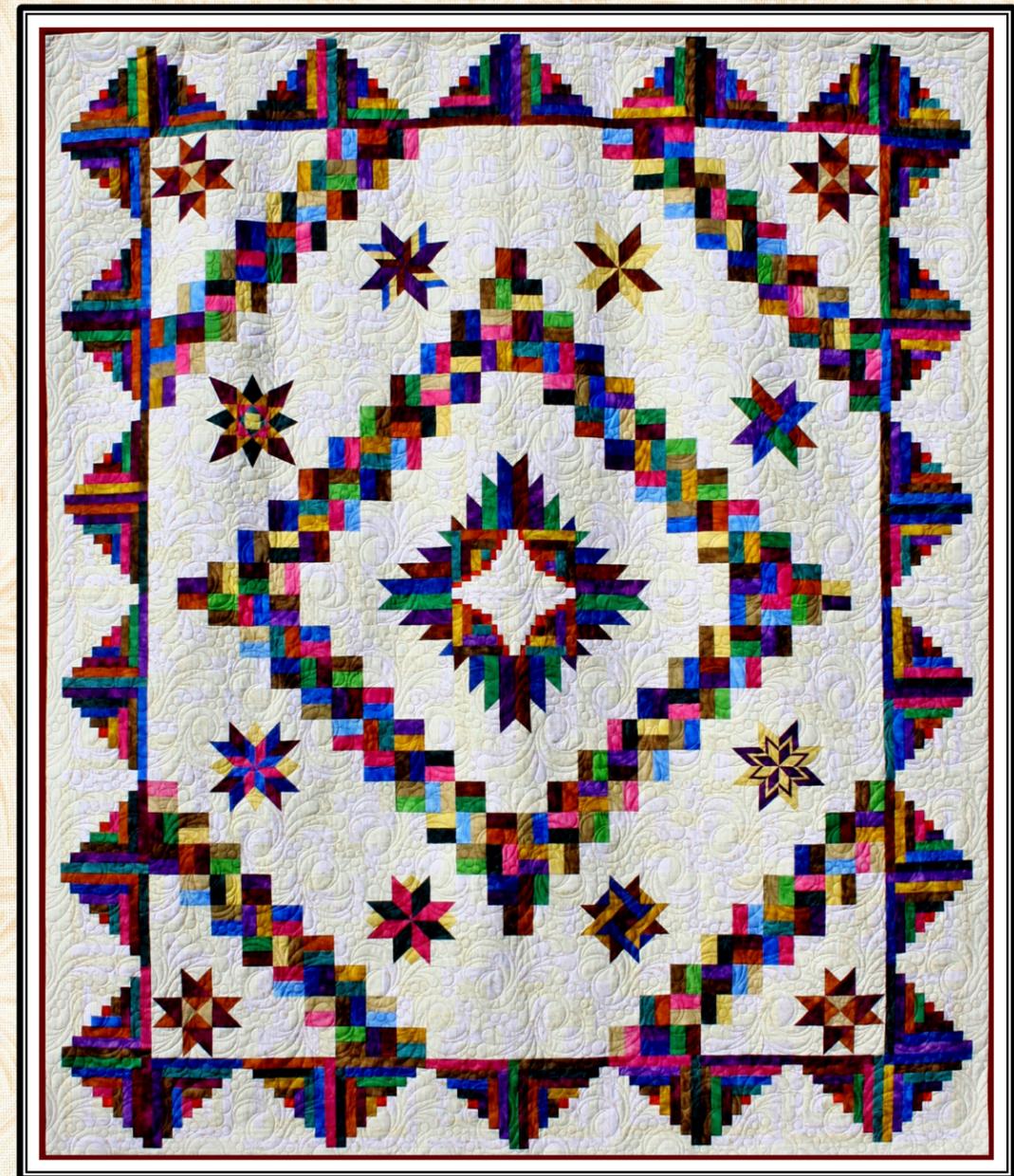
### MONTH # 12

- ◆ Lights (a to h) 3yds or 2.80m.
- ◆ Darks (i to p) 4yds. or 3.70m.
- ◆ Red (block center) 7" x 20"
- ◆ Light (border) 1¼ yd. or 1.20m.
- ◆ Dark (binding) 1yd. or 0.90m.



# Journey to the Stars

## Reference Guide



Finished size: 96" x 113"

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A 12 Month Pattern Series

# COTTON TREASURE DESIGN

Turning Cotton into Treasure

by Lidia Froehler

ACTD # 1027

### Total for the quilt

Lights	10yds. or 9.30m.
Mediums and Darks	10½ yds. or 9.60m.
Red	10" or 0.25m.

Cotton Treasure Design

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## *Journey to the Stars*

### **Welcome to the *Journey to the Stars* Block of the Month Program**

“Journey to the Stars” offers the simplistic beauty of a traditionally pieced quilt with a new twist to some stars. It was designed to enable a confident beginner to learn more involved techniques over 12 month period.

It can be done with beautiful jewel tones, very traditional prints or as a stash buster. This Block of the Month program will built confidence, improve quilting skills and take you easily through the process of making a queen/king size quilt."

*Please read and apply the following instructions as this will help you to make a great quilt.*

### *Here is the Ultimate Guide for piecing an Eight Pointed Star.*

1. Cut and prepare pieces as per pattern instructions, you will need 8 diamonds, 4 setting triangles and 4 corner squares.

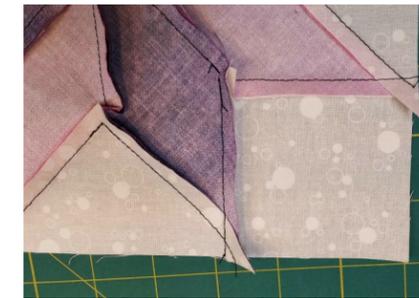
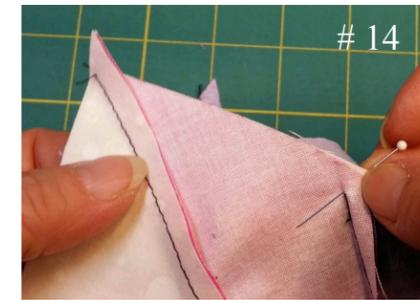
2. Using a marking pencil, make a 1/4" mark on the wide angle (middle) corners of each 45degree diamond, also make a 1/4" mark on one corner of each of the corner squares and a 1/4" mark on the 90degree corner of all setting triangles.

3. Take one light diamond and one dark diamond, place a pin through the 1/4 mark with right sides together align the outside edges and then sew them together. Start at the point and stop at the 1/4" mark. Back stitch to secure. **DO NOT PRESS!**

4. Sew the remaining six segments into pairs following the instructions above. Finger press each segment towards the light diamond do not stretch as all edges are cut on bias. Verify the opening where you stopped sewing, is it a 1/4" from the corners as per picture to the right.



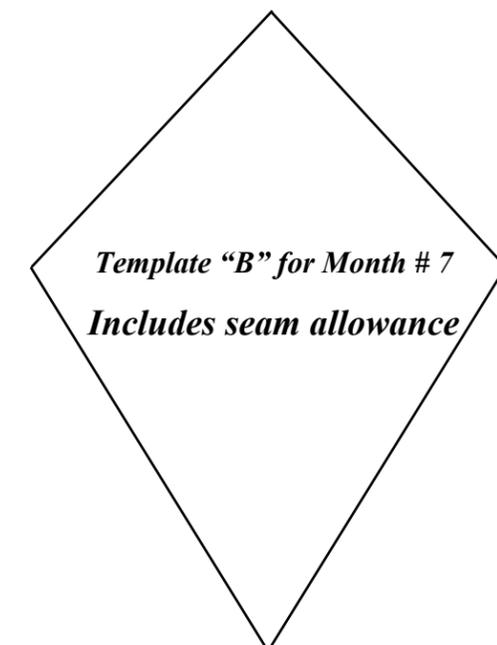
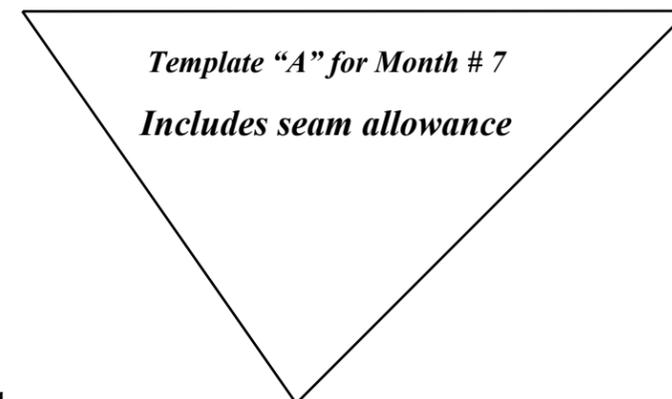
14. Open and line up the square to the next star point. Stitch from the top to the 1/4" mark and back stitch to secure.  
**Finger press** to the outside.  
Repeat for the other three corners.
15. Clip the dog ears even with the seam allowance.



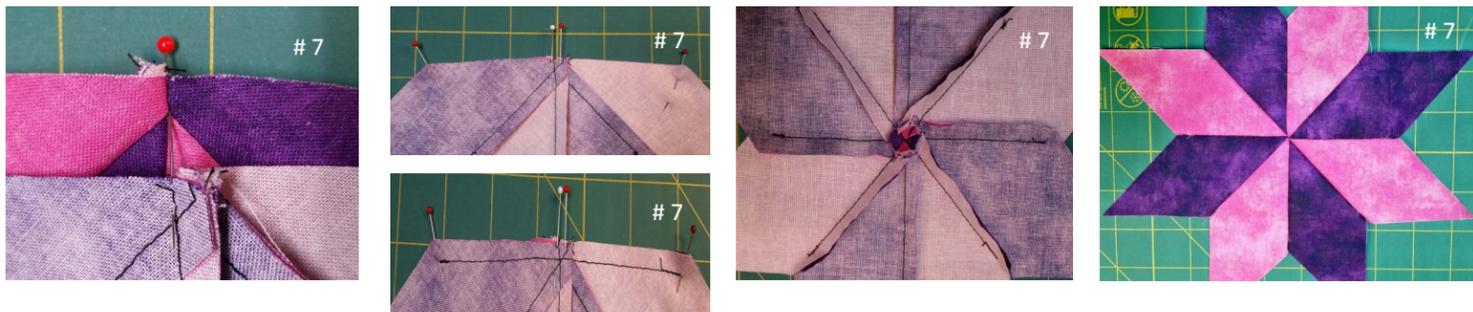
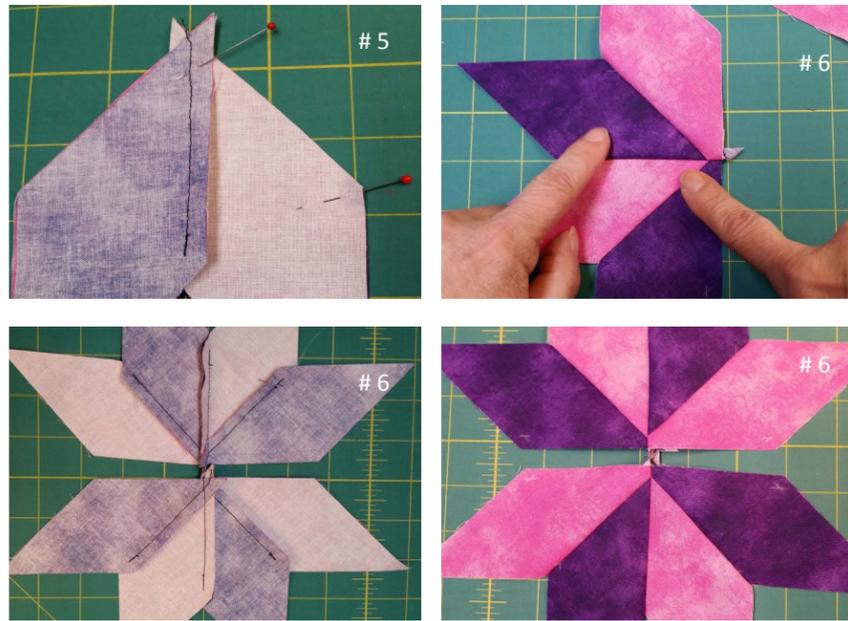
16. **NOW** it is time to press with an iron.

Starting at the back and pressing the setting triangles toward the centre and the corner square seams to the outside. The star seam allowances should be pressed in **ONE** direction only, so the centre will lay flat.

Press from the front only if you have issues to deal with like pleats or odd wrinkles. Clean up the outside edges by trimming loose / frayed threads .

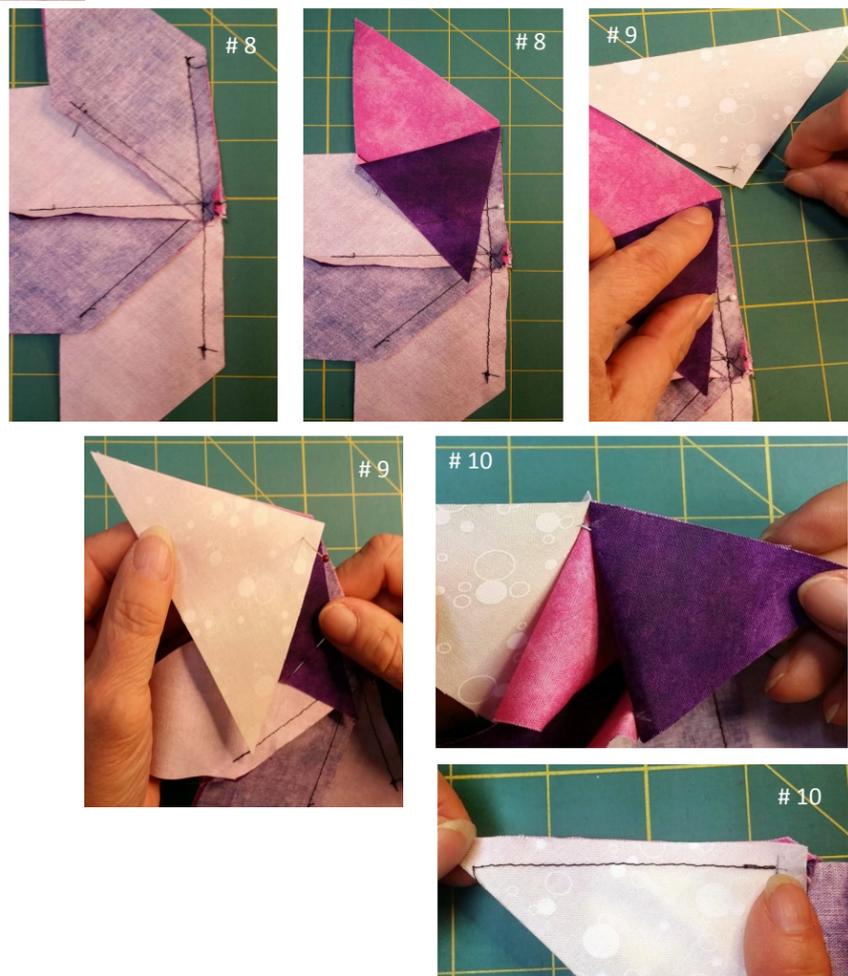


- Sew two pairs into halves.  
You will be sewing from the center point to the  $\frac{1}{4}$ " mark and back stitching to secure. Repeat for the other two segments.
- Finger press** the seams toward the dark diamond so when you put the star together all seams will "spin" in one direction. Clip the dog ears even with the diamonds.
- Match and pin the center and the  $\frac{1}{4}$ " marks on both ends. Sew the two halves together into a star, starting and stopping at the  $\frac{1}{4}$ " mark and back stitching to secure.



**Setting triangles are inserted into the larger opening. The smaller opening is for the corner squares.**

- Fold the star in half, right sides together with the points to your left and the center line on the right. Fold back half of the top diamond and pin it down to keep it out of the way and expose the bottom diamond.
- With right sides together, place a pin through the  $\frac{1}{4}$ " mark on the 90degree corner of the quarter square triangle and the mark on the bottom diamond. Pin in place.
- Stitch from the point to the  $\frac{1}{4}$ " mark and back stitch to secure. The  $\frac{1}{4}$ " mark should be exactly where the stitching line ends where the diamonds were sewn together in an earlier step.



- Release the pin and line up the other corner of the quarter square triangle with the previously folded point of the star, pin through the marked point on the quarter square triangle and the mark on the previously folded diamond tip.
- Flip over.  
You will be sewing on the star point side. Stitch from the point to the  $\frac{1}{4}$ " mark where all the other seams intersect. **Finger press** the seam towards the centre. Repeat the above instructions for the remaining three setting triangles.



- With the setting triangles at the top, bottom, left and right, fold back the right setting triangle onto the star to give you un-restricted access to the tip of the star.
- Place the corner square, lining up at the top and right-hand side. Make sure that the  $\frac{1}{4}$ " mark on the square is matched up with the end of the stitch line in the corner. Stitch from the top to the  $\frac{1}{4}$ " mark, back stitch to secure. **Finger press** to the outside.



# Journey to the Stars



Finished Quilt Size: 96" x 113"

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### Supplies Needed:

- ◆ Rotary cutter and mat (min. 18" x 24")
- ◆ Rulers: 6" x 24", 6" x 12" & 12" square
- ◆ 8" Bias Square
- ◆ Basic sewing supplies

### Fabric requirements:

- ◆ 6 pieces of dark colour each 6" x 8" log cabin
- ◆ 8 pieces of light colour each 8" x 10" log cabin
- ◆ 1 piece of red 8" x 10" log cabin
- ◆ 4 pieces of dark colour each 10" square
- ◆ 4 pieces of light colour each 10" square



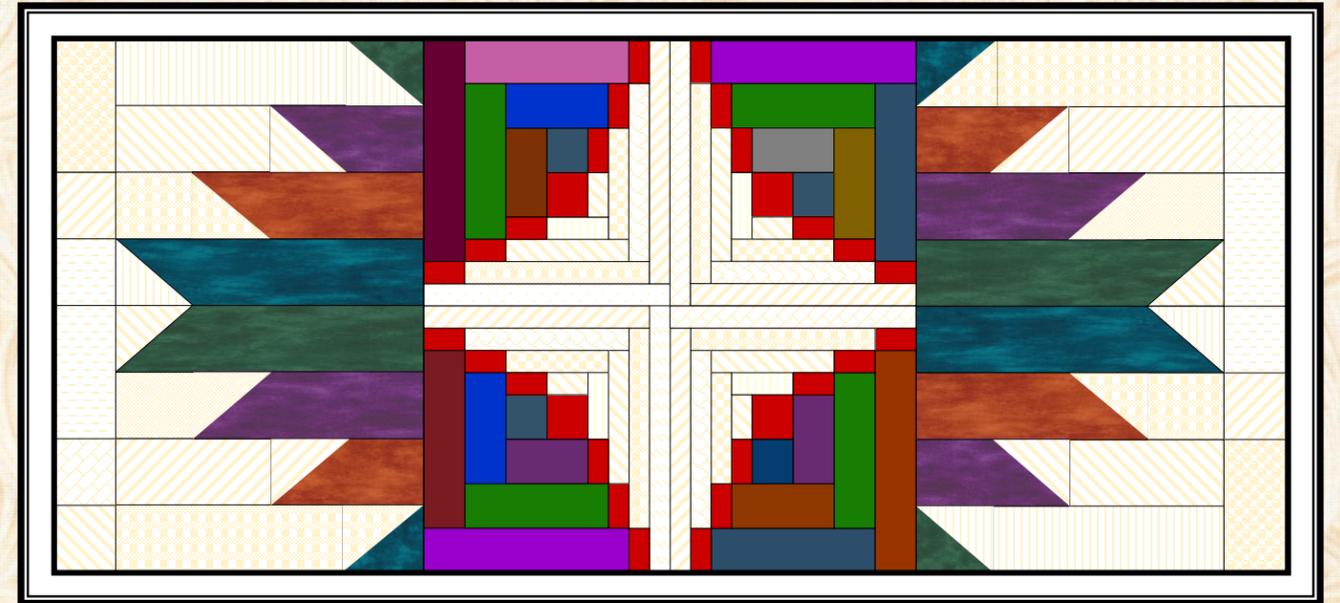
## COTTON TREASURE DESIGN

by Lidia Froehler

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# Journey to the Stars



MONTH # 1

## COTTON TREASURE DESIGN

Turning Cotton into Treasure

by Lidia Froehler

**Tip:**

*When I am sewing small pieces or bias edge pieces I like to finger press as I go and use the iron to press the whole block when it is finished. This greatly reduces the risk of stretching anything out of shape.*

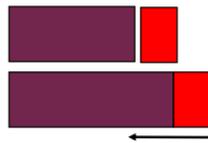
**Month One**

- While cutting your logs, keep in mind that you do not want two pieces of the same colour touching each other anywhere in this block. This is why you have 8 pieces of fabric when you only need 6 darks in each block.
- Only cut the number of strips called for in the cutting guide.

**Use a scant 1/4" seam allowance throughout the project, especially when piecing 1" strips.**

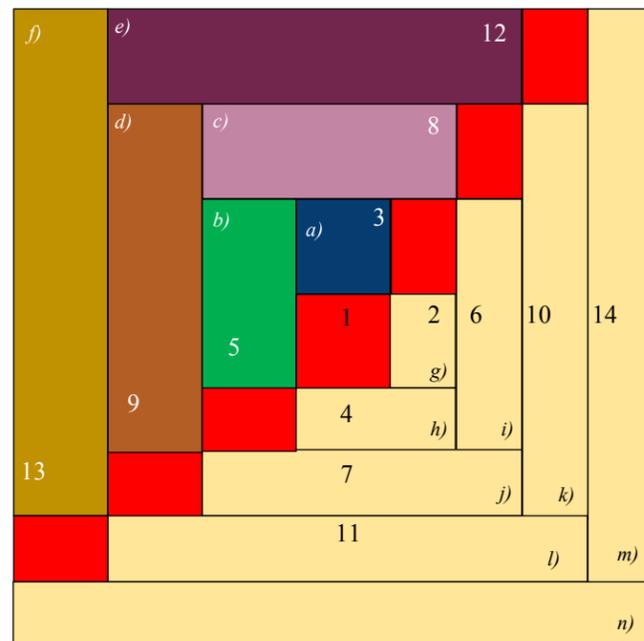
**Piecing the Log Cabin block:**

1. Attach the 1" x 1 1/2" red rectangles to the ends of all dark logs. Press towards the log.



2. Lay out the four blocks according to Diagram below making sure everything is in order and start sewing your log cabin blocks.
3. Use a very precise or scant 1/4" seam allowance throughout the construction of the four log cabin blocks.
4. As you are going to be sewing very small pieces, reduce your stitch length to prevent unraveling of your stitch lines.
5. Make the log cabin blocks by following the numbers sequence in the diagram and pressing all seams to the outside of the block. Make 4 blocks.

Square each block. You should not have much to trim, more like cleaning the edges from loose threads. Each block should be 6 1/2" square.



**Cutting:**

**Log Cabin - center of the block**

**Dark fabrics for Log Cabin**

- a) 4 - 1 1/2" x 1 1/2" squares
- b) 4 - 1 1/2" x 2 1/2" rectangles
- c) 4 - 1 1/2" x 3" rectangles
- d) 4 - 1 1/2" x 4" rectangles
- e) 4 - 1 1/2" x 4 1/2" rectangles
- f) 4 - 1 1/2" x 5 1/2" rectangles



**Light fabrics for Log Cabin**

- g) 4 - 1" x 1 1/2" rectangles
- h) 4 - 1" x 2" rectangles
- i) 4 - 1" x 3" rectangles
- j) 4 - 1" x 3 1/2" rectangles
- k) 4 - 1" x 4 1/2" rectangles
- l) 4 - 1" x 5" rectangles
- m) 4 - 1" x 6" rectangles
- n) 4 - 1" x 6 1/2" rectangles



**Also cut the following from the light fabric:**

- Cut 16 - 2" squares
- Cut 8 - 2" x 3 1/2" rectangles



**Red fabric for Log Cabin**

- Cut 4 - 1 1/2" x 1 1/2" squares
- Cut 24 - 1" x 1 1/2" rectangles



**Delectable Mountain Block**

**Assorted Dark fabric**

- Cut 4 - 8 3/4" x 8 3/4" squares



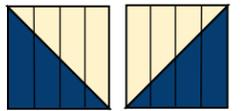
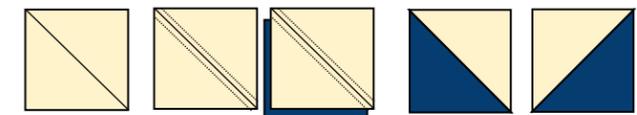
**Assorted Light fabric**

- Cut 4 - 8 3/4" x 8 3/4" squares

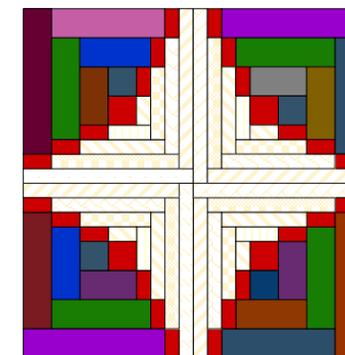
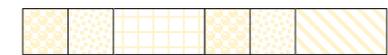
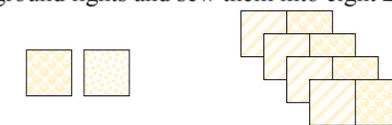


**Delectable Mountain Block**

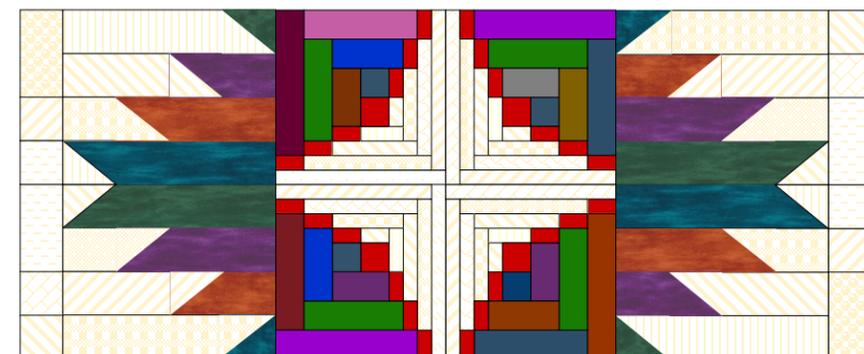
1. Cut four 8 3/4" squares of darks and four 8 3/4" squares of lights (background).
2. Mark 1 diagonal line from corner to corner on the back of the light squares
3. Take one light and one dark square and stack them right sides together, sew a 1/4" on each side of the line then cut on the line and press to the dark.
4. Repeat with the other three pairs of squares.
5. Now you should have four pairs of mirror image squares that need to be squared down to 8" x 8" squares making sure the seam runs from corner to corner.
6. As per diagram cut each 8" square into four (4) two inch strips, pay attention to the orientation of the squares.
7. Mix the colours and lay out the strips as per diagram making sure you have only ONE of each colour in each half block.
8. Change the orientation of the seam allowance on the longest coloured strip of the left side units so that the center seam will nest nicely.
9. Sew the strips into pairs and then sew the pairs into the block halves.
10. Sew the block halves together, this block should measure 8" x 12 1/2", press the centre seam open and the rest of the seams away from the centre.
11. Take the sixteen 2" squares cut out of a variety of background lights and sew them into eight 2 square units. These units should measure 2" x 3 1/2".



12. Take the eight 2" x 3 1/2" rectangles cut out of a variety of background lights and the 8 units made above.
13. Make four strip sets as per diagram. Press the centre seam open and all other seams toward the centre.
14. Attach one strip to the top of each mountain block (at the pointy ends) with the two square units oriented on the top left corner of the block. Each block should measure 9 1/2" by 12 1/2".
15. Sew the four log cabin blocks together into a four patch with the light background logs in the centre.



16. Take two mountain blocks and attach them to the left and right sides of the Log Cabin four patch, we will call this section "A" in the next month. The remaining two sections will be used in the next month as well.



**This section should measure 12 1/2 x 30 1/2".**